

Senior Institute's Fourth Annual Pet-Friendly 5K

Proceeds benefit Senior Institute's Charity for
Bellefonte community member Ramona Book's journey with cancer.

When: Saturday, March 28, 2020 (*Rain or shine!*) Registration starts at 9 a.m., 5K at 10 a.m.

Where: Bellefonte Middle School

Registration: \$20, cash or check made payable to "Ramona Book."

Awards: One winner for each age category: 18 and under, 19-34, 35 and above.

All participants will be provided with bottled waters and snacks along the race route and at the finish line. Walk, run, or bark your way to the end!



FREE TEE SHIRT

If we receive
your payment
and registration by

**Wednesday,
March 18th**



Name: _____ Age: _____ Gender: _____

Address: _____ Phone: _____

Email: _____ Emergency Contact/Phone: _____

Will you be bringing a dog? _____ If so, is your dog up to date on all shots? _____

Registration is \$20. Please pay with cash or check made payable to "Ramona Book."

Registrations received on or before March 18 include free shirt. Circle size: S M L XL 2X

Please send payment, completed registration, and release of liability forms to:

**Senior Institute
Bellefonte Area High School
830 E. Bishop Street
Bellefonte, PA 16823**

Email Jessica Lloyd or Heather Fry with any questions or concerns at jlloyd@basd.net and hfy@basd.net

RELEASE OF LIABILITY

5K Race

I, the undersigned, desire to voluntarily participate in the following activity through Bellefonte's Senior Institute Class: 5K Race (non-contact activity). I represent that I am knowledgeable of this activity and the risks of personal injury or property damage to myself and to others which may be associated with the activity.

Notwithstanding these risks, I wish to assume them by voluntarily participating in this activity during the 2019-2020 school year.

I understand and agree that Bellefonte Area School District accepts no responsibility for my acts or the acts of others, including those under my supervision while I am participating in this activity. I also understand that all school rules and regulations still apply during this activity.

In consideration of Bellefonte Area School District offering this opportunity and allowing me to participate in this activity, the receipt and sufficiency of said consideration being hereby acknowledged, I hereby do release, relieve, discharge, and hold harmless Bellefonte Area School District, its officials, employees, and representatives from any and all liability, whether for personal injury, injury to or from a pet, property damage, or otherwise, arising out of or in connection with participation in this activity.

By signing below, I acknowledge that I have read and understand the Release of Liability.

IF THE PARTICIPANT IS NOT 18 YEARS OF AGE OR OLDER, THIS RELEASE MUST ALSO BE SIGNED BY THE STUDENT'S PARENT(S) OR LEGAL GUARDIANS.

Date: February 19, 2020

Participant's Printed Name

Participant's Signature

Date

If participant is under 18...

Parent/Guardian Printed Name

Parent/Guardian Printed Name

Date